

FIVE WAYS TO USE YOUR STRENGTHS TO UPLEVEL YOUR CAREER

WHAT'S IT ALL ABOUT?

Whether you want to be considered "promotable" or to simply bring your A-game to work, these approaches will help you show up at your best:



Using your results from the StrengthsFinder assessment, you'll uncover new ways of looking at your strengths.

We'll look at examples to be sure it feels practical to use these back on the job.

In this session, you'll:

- 1) Discover your energy-makers and energy-takers so that you can get more of what fuels you and less of what drains you at work.
- 2) Apply your strengths to universally-appreciated skills and competencies so that you build a reputation aligned with your best skills, attributes, and talents.
- 3) Explore your alignment with company values, organizational goals, and performance evaluation strategies.
- 4) Get clear on the differences between the business priorities and your personal preferences.
- 5) Uncover the high return on effort (ROE) of Strengths, as you apply your natural talents to your job duties and challenges at work.

90 MINUTE (LIVE) VIRTUAL TRAINING

WHY STRENGTHS?

Bottom line: using your strengths at work will strengthen your performance. If you're using your weaknesses all day at work, it will weaken your performance.

Figuring out your natural talents will allow you to amplify what's best about you and to mitigate weaknesses that get in your way.

The "What"

Most people spend their careers focused keenly on building knowledge, skills, and credentials.

The "How"

Few people fully leverage the way they naturally make decisions, communicate, and get things done.

EXPLORE HOW YOUR DIFFERENCES CAN BE YOUR DIFFERENTIATORS AT WORK. IT CAN UNLOCK A WHOLE NEW DIMENSION OF POTENTIAL IN YOUR CAREER.

Have you ever wondered why some days you're at your productive, energized-best, and other days, well...you're totally drained? Chances are, part of that difference is explained by the moments that you're in your strengths zone rather than your weakness zone.

People often say, "you get what you measure" at work. You also get what you celebrate. We help you amplify the best parts of you to feel more efficient, effective, and energized on the job.

